

MEN AND WOMEN: THEIR DIFFERENCES AND THEIR COMPLEMENTARITY EVIDENCE FROM PSYCHOLOGY

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Dr. Vitz presents a model of the complementarity of men and women. It is theologically based but with a focus on significant support from psychology and neuroscience. The theological basis is largely derived from Allen (2014, 2015) who posits that the two sexes are equal in dignity and worth, but that each sex has significant differences from the other. These differences are complementary and through positive synergy can lead to greater flourishing for both. Keeping in mind that there is always some overlap; important differences in interests and abilities between men and women are presented; these are demonstrated by much psychological and neuro-scientific research and are commonly interpreted by evolutionary theory. The most important psychological differences are men's greater abilities in dealing with the external world and objects, and women's greater abilities in dealing with persons and interpersonal relationships. The differences typically begin in infancy and continue up and through adulthood.