



Pornified Life: From the Sexual Revolution to the MeToo Movement The Message is the Enemy Mary Anne Layden, Ph D Director The Sexual Trauma and Psychopathology Program University of Pennsylvania





# The Society

## has become

# Pornified

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# Sex is a product

# The body is a commodity

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# If it is a product,

# You can sell it You can steal it

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Selling it Sexual Exploitation Industry includes Pornography, Strip clubs, Prostitution, Sex Trafficking

<u>Stealing it</u> Sexual Violence and Abuse includes Sexual harassment, rape, incest

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Sexual Exploitation Industry And Sexual Abuse Are **Seamless** Interconnected Continua





#### Common message

The belief that the point of women's bodies is for sexual entertainment for men and that men are entitled to sex.





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Pictures Rewards Role models Aroused Anonymous





## Pornography Especially Internet Pornography Is the Perfect Learning Environment

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# Except that everything it teaches you is a lie

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# What is it teaching us?

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# Permission-Giving Beliefs

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# **Permission-Giving Beliefs**

- Pornography produces Permission-Giving Beliefs
- Permission-Giving Beliefs are beliefs that say what I am doing is normal, doesn't hurt anyone, and everyone is doing it, etc.
- Therefore, I don't need to change my behavior.
- Those who have a problem with my behavior are wrong, crazy, prudish.





# **Permission-Giving Beliefs**

#### **Examples**

- All people want sex with all people all the time.
- Women enjoy being raped
- Women enjoy degrading sex
- Children enjoy sex with adults





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- Sex is not about intimacy, caring, love or respect
- Sex is not about marriage or having children
- Sex is recreation.
- You don't need to know your partner.
- Sex with strangers is the best and most intense kind of sex





- Sex is adversarial
- Pornography is a one-way street with focus only on one's own pleasure. There is no need to consider the others needs or feelings.
- No one ever says no.





**Pornography and violence images:** 304 scenes in pornographic videos analyzed

- 88.2% scenes contained **physical aggression**: spanking, gagging, and slapping, etc.
- 48.7% of scenes contained **verbal aggression**: name-calling, etc.
- Teaching the viewer that **violence is sexy**





Sex talk with your son?

- during sex he should choke her, gag her, slap her, pull her hair
- finish up on her face and in her eyes
- if she says no he should rape her





If you would not tell you son that then why would you let some pornographer make money by teaching him those lessons?





# Pornified Thinking

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- That women enjoy rape
- More acceptance of the rape myth
- That rapists deserve less time in prison





- They have an adversarial view of sex
- They have more sexually callous beliefs





- They are more accepting of violence against women
- They see women as sex objects
- They have reduced support for the women's liberation movement





- They are less satisfied with their partner's sexual performance
- They are more depressed
- They are more narcissistic
- They are more sexually entitled





- They have a greater desire for sex without emotional involvement
- They have a greater acceptance of sex outside of marriage for married individuals
- They have a greater acceptance of sex before marriage
- They are less child centered during marriage
- They are less desiring of female children





- They are more sexually attracted to children
- They are less likely to think pornography needs to be restricted from children





# The increasing use of pornography is related to higher psychopath scores

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# Pornified Behavior

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#### **Sexual dysfunction**

- Erectile dysfunction
- Premature ejaculation
- Retarded ejaculation

• 58% of male pornography users (average age 25) had erectile dysfunction with women but not with pornography.





- They have more sex partners
- They try to get their partners to act out scenes from pornographic films
- They have affairs if they are married
- They prostitute women





# • Those who prostituted women were more likely to engage in non consenting sex





#### Men who go to strip clubs are more likely to engage in non-consensual sex than those who do not go to strip clubs





- engage in behavioral aggression
- sexually abuse partners whom they have battered





- They use violent sexual fantasies to get themselves aroused
- Men who use porn are more narcissistic. Those who are more narcissistic are more likely to engage in sexual aggression
- They are more likely to sexually harass women





- Men who use porn have more sexual entitlement
- Men who have more sexual entitlement are more likely to engage in sexual aggression





• The earlier male children are exposed to pornography, the more likely they are to engage in non-consensual sex as young adults.





The factors that have been identified that are connected to sexual violence:

- Hostility toward women
- Sex is a casual, non-intimate, recreational, adversarial behavior
- Use of pornography





- 1 in 8 women are raped
- 25% of college females experience a rape or attempted rape
- 50% of women will be sexually harassed at some point in their life
- By the time a female is 18 years old, 38% have been sexually molested





Given the number of studies, the probability that there is not a connection between pornography and sexual violence is

#### in 88,817,841,970,012,523,233,890,533,447,265,625

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John Foubert

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# Pornified Women

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#### **Pornified Women**

- More likely to accept the rape myth.
- More likely to have sexual fantasies
  - that involve rape.
- Think rapists deserve less time in prison
- Have reduced support for the women's liberation movement





#### **Pornified Women**

The more pornography young adult females use the more likely they are to be **victims** of non-consensual sex.





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Minors (<18) exposed to sexualized media (both pornography and sexualized TV) are more likely to:

- Have engaged in oral sex
- Have engaged in anal sex
- Have engaged in sexual intercourse





- Have earlier initiation of sex
- Have more sex partners
- Have had more than one sexual partner in the last 3 months
- Have sex more frequently





- Have a strong desire to conceive
- To become pregnant





- Test positive for Chlamydia
- Have used alcohol or other substances at last sexual encounter
- Have higher sexual permissiveness scores
- Have less progressive gender role attitudes





- Engage in more sexual harassment perpetration
- Engage in more non consensual sex





#### What's the Problem? What's the Solution?

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#### The Message is the Enemy

Men are not the enemy Women are not the enemy

The message is the enemy The message is the solution





#### **Pornography** threatens the loss of love in a world where only love brings happiness

**Roger Scruton** 

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#### Love people Use things

Matt Fradd

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## Let us see what love can do

William Penn

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#### layden@pennmedicine.upenn.edu

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