



Pornified Life: From the Sexual Revolution to the MeToo Movement The Message is the Enemy Mary Anne Layden, Ph D Director The Sexual Trauma and Psychopathology Program University of Pennsylvania





The Society

has become

Pornified

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Sex is a product

The body is a commodity

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If it is a product,

You can sell it You can steal it

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Selling it Sexual Exploitation Industry includes Pornography, Strip clubs, Prostitution, Sex Trafficking

<u>Stealing it</u> Sexual Violence and Abuse includes Sexual harassment, rape, incest

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Sexual Exploitation Industry And Sexual Abuse Are **Seamless** Interconnected Continua





Common message

The belief that the point of women's bodies is for sexual entertainment for men and that men are entitled to sex.





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Pictures Rewards Role models Aroused Anonymous





Pornography Especially Internet Pornography Is the Perfect Learning Environment

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Except that everything it teaches you is a lie

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What is it teaching us?

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Permission-Giving Beliefs

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Permission-Giving Beliefs

- Pornography produces Permission-Giving Beliefs
- Permission-Giving Beliefs are beliefs that say what I am doing is normal, doesn't hurt anyone, and everyone is doing it, etc.
- Therefore, I don't need to change my behavior.
- Those who have a problem with my behavior are wrong, crazy, prudish.





Permission-Giving Beliefs

Examples

- All people want sex with all people all the time.
- Women enjoy being raped
- Women enjoy degrading sex
- Children enjoy sex with adults





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- Sex is not about intimacy, caring, love or respect
- Sex is not about marriage or having children
- Sex is recreation.
- You don't need to know your partner.
- Sex with strangers is the best and most intense kind of sex





- Sex is adversarial
- Pornography is a one-way street with focus only on one's own pleasure. There is no need to consider the others needs or feelings.
- No one ever says no.





Pornography and violence images: 304 scenes in pornographic videos analyzed

- 88.2% scenes contained **physical aggression**: spanking, gagging, and slapping, etc.
- 48.7% of scenes contained **verbal aggression**: name-calling, etc.
- Teaching the viewer that **violence is sexy**





Sex talk with your son?

- during sex he should choke her, gag her, slap her, pull her hair
- finish up on her face and in her eyes
- if she says no he should rape her





If you would not tell you son that then why would you let some pornographer make money by teaching him those lessons?





Pornified Thinking

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- That women enjoy rape
- More acceptance of the rape myth
- That rapists deserve less time in prison





- They have an adversarial view of sex
- They have more sexually callous beliefs





- They are more accepting of violence against women
- They see women as sex objects
- They have reduced support for the women's liberation movement





- They are less satisfied with their partner's sexual performance
- They are more depressed
- They are more narcissistic
- They are more sexually entitled





- They have a greater desire for sex without emotional involvement
- They have a greater acceptance of sex outside of marriage for married individuals
- They have a greater acceptance of sex before marriage
- They are less child centered during marriage
- They are less desiring of female children





- They are more sexually attracted to children
- They are less likely to think pornography needs to be restricted from children





The increasing use of pornography is related to higher psychopath scores

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Pornified Behavior

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Sexual dysfunction

- Erectile dysfunction
- Premature ejaculation
- Retarded ejaculation

• 58% of male pornography users (average age 25) had erectile dysfunction with women but not with pornography.





- They have more sex partners
- They try to get their partners to act out scenes from pornographic films
- They have affairs if they are married
- They prostitute women





• Those who prostituted women were more likely to engage in non consenting sex





Men who go to strip clubs are more likely to engage in non-consensual sex than those who do not go to strip clubs





- engage in behavioral aggression
- sexually abuse partners whom they have battered





- They use violent sexual fantasies to get themselves aroused
- Men who use porn are more narcissistic. Those who are more narcissistic are more likely to engage in sexual aggression
- They are more likely to sexually harass women





- Men who use porn have more sexual entitlement
- Men who have more sexual entitlement are more likely to engage in sexual aggression





• The earlier male children are exposed to pornography, the more likely they are to engage in non-consensual sex as young adults.





The factors that have been identified that are connected to sexual violence:

- Hostility toward women
- Sex is a casual, non-intimate, recreational, adversarial behavior
- Use of pornography





- 1 in 8 women are raped
- 25% of college females experience a rape or attempted rape
- 50% of women will be sexually harassed at some point in their life
- By the time a female is 18 years old, 38% have been sexually molested





Given the number of studies, the probability that there is not a connection between pornography and sexual violence is

in 88,817,841,970,012,523,233,890,533,447,265,625

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John Foubert

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Pornified Women

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Pornified Women

- More likely to accept the rape myth.
- More likely to have sexual fantasies
 - that involve rape.
- Think rapists deserve less time in prison
- Have reduced support for the women's liberation movement





Pornified Women

The more pornography young adult females use the more likely they are to be **victims** of non-consensual sex.





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Minors (<18) exposed to sexualized media (both pornography and sexualized TV) are more likely to:

- Have engaged in oral sex
- Have engaged in anal sex
- Have engaged in sexual intercourse





- Have earlier initiation of sex
- Have more sex partners
- Have had more than one sexual partner in the last 3 months
- Have sex more frequently





- Have a strong desire to conceive
- To become pregnant





- Test positive for Chlamydia
- Have used alcohol or other substances at last sexual encounter
- Have higher sexual permissiveness scores
- Have less progressive gender role attitudes





- Engage in more sexual harassment perpetration
- Engage in more non consensual sex





What's the Problem? What's the Solution?

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The Message is the Enemy

Men are not the enemy Women are not the enemy

The message is the enemy The message is the solution





Pornography threatens the loss of love in a world where only love brings happiness

Roger Scruton

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Love people Use things

Matt Fradd

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Let us see what love can do

William Penn

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layden@pennmedicine.upenn.edu

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