Contraception is No Solution to the Plight of the Poor

Sr. Hanna Klaus, MD Executive Director

Natural Family Planning Center of Washington, D.C. and Teen STAR program

While contraception has helped women with long term life goals to avoid premature childbearing while completing their education and striving to achieve life goals, albeit at personal or relational costs, it has had little effect on girls who do not have long term professional or family-building goals and thus were not motivated to prevent conception. As neither the US poverty rate nor contraceptive prevalence among the least educated and lowest income groups in the US has varied little between 1995 and 2005 the use of "forgettable" contraceptives – LARCs - has been aggressively promoted especially to Title X clients. Beside the medical and emotional costs of LARCs their effect on relationships, marriage and subsequent childbearing will be explored, and one "antidote" – reasserting the truth of the body – will be proposed.